

<p>Curriculum Aims</p> <p>For students to develop a rich understanding of Sports science focussing on a range of topics including; Anatomy and Physiology, Exercise Physiology, Biomechanics, Skill Acquisition, Sports Psychology and Sport and Society.</p>	<p>What will you see in PE lessons?</p> <p>Students engaging in a range of lessons designed to develop them as independent and well-rounded learners.</p> <p>Students will be involved in sport practical lessons used to cement and deepen an understanding of theory content.</p> <p>Students will be expected to complete their practical development in their chosen sport outside of school time.</p>	<p>What will you see in PE books?</p> <p>Clear and concise notes and tasks used to develop a deep understanding of the content.</p> <p>Students are regularly encouraged and required to apply their knowledge to working/practical examples to show a thorough understanding of the theory.</p> <p>Students are required to do wider reading around the subject to build upon and deepen their understanding of the theory content.</p>
<p>Curriculum Content and sequencing</p> <p>Year 12</p> <ul style="list-style-type: none"> ▪ Skeletal and Muscular Systems ▪ Preparation and Training Methods ▪ Biomechanics ▪ Skill Acquisition ▪ Sports Psychology ▪ Emergence and Evolution of Sport ▪ Global Sporting Events <p>Year 13</p> <ul style="list-style-type: none"> ▪ Energy for Exercise ▪ Recovery ▪ Injury Prevention ▪ Biomechanics and Movements ▪ Memory Models ▪ Ethics and Deviance ▪ Commercialisation in Sport 	<p>What formative assessment will you see in PE?</p> <p>Students regularly receive both written and verbal feedback.</p> <p>Students are encouraged to engage in self and peer assessment to feedback to other members of the class.</p> <p>Students will receive half termly unit summative assessments to continuously measure progress throughout the course.</p>	<p>What is the faculty currently reading and discussing and why?</p> <p>Any journals, news articles or books relating to current issues in Sport.</p> <p>Staying “up to date” with modern sports is crucial for the application of theory content in this course.</p>

Key Stage 5

<p>Curriculum Aims</p> <p>For students to develop a rich understanding of Sports science focussing on a range of topics including; Body Systems and the Effects of Physical Activity, Sports Coaching and Leadership, Sports Organisation and Development, Organisation of Sports Events, Sports Injuries and Rehabilitation.</p>	<p>What will you see in Sport Science lessons?</p> <p>Students engaging in a range of lessons designed to develop them as independent and well-rounded learners.</p> <p>Students will be involved in a range of practical activities designed to achieve the assignment criteria for each unit. This will involve; coaching sessions, event leadership, and first aid.</p>	<p>What will you see in Sport Science books?</p> <p>Clear and concise notes and tasks used to develop a deep understanding of the content.</p> <p>Students are required to apply their knowledge to working/practical examples to show a thorough understanding of the theory content.</p> <p>Students are required to do wider reading around the subject to build upon and deepen their understanding of the theory content allowing them to complete assignments at their very best.</p>
<p>Curriculum Content and sequencing</p> <p>Year 12</p> <ul style="list-style-type: none"> ▪ Body Systems and the Effects of Physical Activity ▪ Sports Coaching and Activity Leadership ▪ Sports Injuries and Rehabilitation <p>Year 13</p> <ul style="list-style-type: none"> ▪ Sports Injuries and Rehabilitation cont. ▪ Sports Organisation and Development ▪ Organisation of Sports Events 	<p>What formative assessment will you see in Sport Science?</p> <p>Students regularly receive both written and verbal feedback.</p> <p>Students are encouraged to engage in self and peer assessment to feedback to other members of the class.</p> <p>Students will receive half termly unit summative assessments to continuously measure progress throughout the course in their exam units.</p>	<p>What is the faculty currently reading and discussing and why?</p> <p>The termly Youth Sports Trust Magazine – “Inspire”</p> <p>This recognises and discusses good practice and focuses on sports coaching and sport development across the country.</p>